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## **Giving Kids Sweeter Dreams**

Bedtime routines are an essential part of childhood where kids are wrapped in the love, warmth, and security your family has to offer. Where we hope our young people fall asleep with the sense that all is right with the world. The United Way of Tri-County knows that for all too many families in our service area, all is not right with *their* world. There are children in our area who face the unimaginable during the day – hunger, abuse, homelessness. For them, the experience of being tucked in, of putting on warm pajamas and having a bedtime story take them to another place, *any* other place, is not their reality.

### ***Brighter tomorrows***

This year, your United Way is ensuring that children and youth in our community receive donations of pajamas and books along with a suggestion of how caregivers can ease them into slumber land! We are asking you, our partners, to help us impact the lives of those in need by donating pajamas and age appropriate books for children and youth ages 0-18. Kids displaced from their homes, living in shelters, are going to bed with nothing, just the clothes on their back. Your donations will give these children hugs of hope for the holidays.

### ***Meeting families basic needs***

We are also accepting donations of \$25-\$50 food cards to Market Basket or Stop & Shop for individuals and families that are in shelters. Your efforts will ensure that these families are relieved of the stress of where their next meal will come from.

### **For more information on how to get involved please contact:**

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